

## Monthly Written Assignments 2016-2017

### **1) Reflection Papers**

A reflection paper, as distinguished from an academic paper, deals with the emotional/spiritual interaction of the student with the material presented by the speaker. Following each of the 7 weekends, a 4-6 page double-spaced reflection paper will be written and one given to your assigned advisor and one sent to Sr. Micaela for your office file. Each paper is due before the next session.

*For those taking the course for graduate credit, an additional copy should be given to Sr. Micaela for grading. This copy is returned to the student.*

### **Cover Page**

*Please follow the specific format for the Cover Page which is in your 3-ring binder.*

Questions to ponder:

What was insightful for you in the presentation?

What was/is the impact that the presentation had on you?

What was helpful for you in your ongoing transformation?

Were there any issues that came up and that you would like to work with specifically?

### **2) Book Reflections from the Book List**

Five written reflections from books listed in the Book List are required. These reflections (1-2 pages in length) are to be in the same style as the reflection papers but with name & author of book.

*Please follow the specific format for the Cover Page which is in your 3-ring binder.*

One copy will go to your advisor and one to Sr. Micaela for your office file. These reflections should be turned in throughout the course with all five due at the end of the year. *For those taking the course for graduate credit, an additional copy should be given to Sr. Micaela for grading. This copy is graded and returned to the student.*