

SOULJOURNERS READING LIST

2015-2016

Required Book Reflections for First Year Students

- Guenther, Margaret. *Holy Listening: The Art of Spiritual Direction*. Cowley, 1992.
- Barry, William A & Connolly, William J., *The Practice of Spiritual Direction*. The Seabury Press, New York, 1982
- Conroy, Maureen, R.S.M., *Experiencing God's Tremendous Love, Entering into Relational Prayer*. Paulist Prayer, Mahwah, N.J., 1088
- Carroll, Patrick and Dyckman, Katherine M. *Inviting the Mystic, Supporting the Prophet: An Introduction to Spiritual Direction*. Paulist. 1981.
- One other book of your choice from the following list.....

Spiritual Direction

- Aelred of Rievaulx, *On Spiritual Friendship*. Cistercian Publications. 2005
- Barry, William, S.J., and Connolly, William, S.J., *Spiritual Direction and the Encounter With God: A Theological Inquiry*. Paulist. 1992.
- Benner, David G., *Sacred Companions: The Gift of Spiritual Friendship and Direction*. IVPress Books, Downers Grove, IL. 2002
- Chryssavgis, John, *Soul Mending: The Art of Spiritual Direction*. Holy Cross Orthodox Press, 2000.
- Conroy, Maureen, R.S.M., *The Discerning Heart: Discovering a Personal God*. Loyola University Press, Chicago. 1993
- Conroy, Maureen, R.S.M., *Growing In Love & Freedom: Personal Experiences of Counseling and Spiritual Direction*. Dimension Books, Denville, NJ. 1987, Second Printing 2012
- Gratton, Carolyn, *Guidelines for Spiritual Direction*: Denville: Dimension Books, 1980
- Guenther, Margaret, *Toward Holy Ground*. Cambridge: Cowley, 1996.

- Jones, W. Paul, *The Art of Spiritual Direction: Giving and Receiving Spiritual Guidance*. Nashville: Upper Room Books, 2002
- Leech, Kenneth, *Soul Friend, the Practice of Spiritual Direction*. Harper & Row. 1980
- Merton, Thomas, *The Wisdom of the Desert: Spiritual Direction and Meditation*, Liturgical Press 1960
- Ruffing, Janet, *Spiritual Direction: Beyond the Beginnings*. Paulist. 2000.
- Ruffing, Janet, *To Tell the Sacred Tale, Spiritual direction and narrative*. Paulist Press. 2011
- Smith, Gordon T. *Spiritual Direction: A Guide to Giving & Receiving Direction*. IVP Press Books, Downers Grove, IL, 2014
- Thompson, Marjorie, *Soul Feast*. John Knox Press, 1995.
- Vest, Norvene (ed). *Still Listening: New Horizons in Spiritual Direction*. Morehouse, 2000
- Vest, Norvene, (ed.) *Tending the Holy: Spiritual Direction across Traditions*. Morehouse, 2003.
- Winchell Silver, Anne, *Trustworthy Connections: Interpersonal Issues in Spiritual Direction*, Cowley, 2003

Discernment of Spirits

- Conroy, Maureen, *The Discerning Heart: Discovering a Personal God*. Loyola University Press, 1992
- Gallagher, Timothy M., OMS, *Discernment of Spirits: An Ignatian Guide to Everyday Living*, The Crossroad Publishing Company, 2005
- Green, Thomas H. SJ, *Weeds Among the Wheat: Discernment: Where Prayer & Action Meet*. Ave Maria Press, Notre Dame, IN, 1986
- Houser, Richard, *Moving in the Spirit*. New York: Paulist. 1986.

Forms of Prayer and Other Spiritual Disciplines

- Benner, Juliet *Contemplative Vision: A Guide to Christian Art and Prayer*. InterVarsity Press, Downers Grove, IL, 2011

- Bloom, Anthony, *Beginning to Pray*. Paulist. 1982.
- Bondi, Roberta, *To Pray and To Love: Conversations on Prayer with the Early Church*. Fortress Press. 1991
- Bourgeault, Cynthia, *Centering Prayer and Inner Awakening*, Cowley Publication, 2004.
- Bourgeault, Cynthia, *The Wisdom Way of Knowing: Reclaiming an Ancient Tradition to Awaken the Heart*. Jossey-Bass, 2003.
- Conroy, Maureen, R.S.M., *Experiencing God's Tremendous Love: Entering into Relational Prayer*. Paulist, 1988.
- Conroy, Maureen, R.S.M., *Journey of Love: God Moving in our Hearts and Lives*. Paulist Press, New York, 1993
- Guenther, Margaret, *The Practice of Prayer*. Cowley, 1995.
- Kidd, Sue Monk, *When the Heart Waits: Spiritual Direction for Life 's Sacred Questions*. Harper and Row. 1990.
- Conroy, Maureen. *Journey of Love: God Moving in our Hearts and Lives*. Paulist, 1993
- Macbeth, Sybil, *Praying in Color: Drawing a New Path to God*. Paraclete Press, Brewster, Massachusetts, 2007
- May, Gerald, *The Awakened Heart*. Harper Collins, 2003.
- May, Gerald, *The Dark Night of the Soul*. Harper: 2003
- Newell, J. Philip, *Listening for the Heartbeat of God: A Celtic Spirituality*. Paulist, 1997.
- Nouwen, Henri, *With Open Hands*. Ave Maria Press. 2006
- Silf, Margaret, *Companions of Christ: Ignatian Spirituality for Everyday Living*. Eerdmans. 2005
- Tasto, Maria OSB. *The Transforming Power of Lectio Divina: How to Pray with Scripture*. NOVALIS, Canada, 2014
- Rohr, Richard, *Everything Belongs: The Gift of Contemplative Prayer*. Crossroad. 2003

- Valente, Judy *The Art of Pausing: Meditations for the Overworked and Overwhelmed*. ACTA Publications, 2013
- Valters Paintner, Christine & Wynkoop, Lucy, OSB, *Lectio Divina: Contemplative Awakening and Awareness*. New York/Mahwah, NJ. 2008
- Vennard, Jane, *Be Still: Designing and Leading Contemplative Retreats*. The Alban Institute. 2000
- Wuellner, Flora Slossom, *Prayer and Our Bodies*. Upper Room. 1998
- Wuellner, Flora Slossom, *Prayer, Stress and Our Inner Wounds*. Upper Room. 1998

Group Spiritual Direction

- Dougherty, Rose Mary, S.S.N.D., *Group Spiritual Direction: Community for Discernment*. Paulist. 1995.
- Dougherty, Rose Mary, S.S.N.D., Ed., *The Lived Experience of Group Spiritual Direction*. Paulist, 2003.
- Kropf, Marlene & Schrock, Daniel, (ed) *An Open Place: The Ministry of Group Spiritual Direction*. Morehouse Publishing, New York. 2012

Spirituality

- Bauvin, Helen, *The Way of the Pilgrim and the Pilgrim Continues His Way*. Harper One. 1991
- Benner, G. David and Moon, W. Gary, Eds. *Spiritual Direction and the Care of Souls*. Intervarsity Press. 2004.
- Bondi, Roberta, *Memories of God: Theological Reflections on a Life*. Abingdon. 1995
- Gula, Richard M., S.S. *The Good Life: Where Morality and Spirituality Converge*. Paulist Press, New York Mahwah, N.J. 1999
- Jones, Alan, *Soul Making: The Desert Way of Spirituality*. Harper One, 1989

- Kurtz, Ernest and Ketcham, Katherine, *The Spirituality of Imperfection: Storytelling and the Search for Meaning*. Bantam, 1993
- Marion, Jim, *Putting on the Mind of Christ: The Inner Work of Christian Spirituality*. Hampton Roads, 2000.
- Morris Jones, Dianne. *Stop Breathe Believe: Mindful Living One Thought at a Time*. 2014
- Rohlheiser, Ronald, *The Holy Longing: The Search for a Christian Spirituality*. Doubleday, 1999.
- Rohr, Richard, *The Naked Now: Learning to See as the Mystics See*. A Crossroad Publishing Company, New York, 2009
- Rumford, Douglas. *Soul Shaping: Taking Care of your Spiritual Life*. Tyndale House, 1996.
- Vennard, Jane E. *Be Still: Designing and Leading Contemplative Retreats*. 2000
- Vest, Norvene, (ed) *Tending the Holy: Spiritual Direction across Traditions*. Morehouse, 2003
- Wilbur, Ken, *Integral Psychology: Consciousness, Spirit, Psychology, Therapy*. Shambhala Publications, 2000

Others suggested works...

- Berry, Thomas, *The Universe Story: From the Primordial Flaring Forth to the Ecozoic Era--A Celebration of the Unfolding of the Cosmos*. 1994
- Berry, Thomas, *The Great Work: Our Way into the Future*. 2000
- Campbell, Peter & McMahon, Edwin. *Bio-Spirituality: Focusing as a Way to Grow*. Loyola Press, Chicago, IL. 1985, 1997
- Cannato, Judy. *Radical Amazement: Contemplative Lessons from Black Holes, Supernovas, and Other Wonders of the Universe*. Sorin Books, Notre Dame, Indiana. 2006
- Weiser Cornell, Ann. Ph.D. *The Power of Focusing: A Practical Guide to Emotional Self-Healing*. New Harbinger Publications, 1996

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